

## Somerville Summer 2010 Pool Schedule

\* Schedule subject to change if classes do not run

Lane	1	2	3	4	5	6		
Time	Monday							
6:00-6:30 am	Open							
6:30-7:00 am							Adult	
7:00-7:30 am							Open	
7:30-8:00 am							Open	
8:00-8:30 am	Laps							
8:30-9:00 am							open	
9:00-9:30 am							Aqua Ex.	les-son
9:30-10:00 am							Aqua Ex.	
10:00-10:30 am	S.A.I.L.							
10:30-11:00 am							S.A.I.L.	
11:00-11:30 am	Lessons		Laps					
11:30-12:00 pm	Lessons							
12:00-12:30 pm	open		Camp Chaveirim					
12:30-1:00 pm	open							
1:00-1:30 pm	CAMP CHAVEIRIM							
1:30-2:00 pm							CAMP CHAVEIRIM	
2:00-2:30 pm							CAMP CHAVEIRIM	
2:30-3:00 pm							CAMP CHAVEIRIM	
3:00-3:30 pm	CAMP CHAVEIRIM		Laps					
3:30-4:00 pm	CAMP CHAVEIRIM							
4:00-4:30 pm	open		Laps					
4:30-5:00 pm	open							
5:00-5:30 pm	Lesson		Laps					
5:30-6:00 pm	Lesson							
6:00-6:30 pm	Lesson		Laps					
6:30-7:00 pm	Lesson							
7:00-7:30 pm	Aqua Ex.		Laps					
7:30-8:00 pm	Aqua Ex.							
8:00-8:30 pm	Open Swim		Adult Lap					
8:30-9:00 pm	Open Swim							
9:00-9:30 pm	Open Swim		Adult Lap					
	Open Swim							

  

Lane	1	2	3	4	5	6		
Time	Tuesday							
6:00-6:30 am	Open							
6:30-7:00 am							Adult	
7:00-7:30 am							Open	
7:30-8:00 am							Open	
8:00-8:30 am	Laps							
8:30-9:00 am							Aqua Ex.	
9:00-9:30 am							Aqua Ex.	
9:30-10:00 am							Aqua Ex.	
10:00-10:30 am	AFYAP							
10:30-11:00 am							AFYAP	
11:00-11:30 am	Deep Water		Lessons					
11:30-12:00 pm	Lessons							
12:00-12:30 pm	open		Camp Chaveirim					
12:30-1:00 pm	open							
1:00-1:30 pm	CAMP CHAVEIRIM							
1:30-2:00 pm							CAMP CHAVEIRIM	
2:00-2:30 pm							CAMP CHAVEIRIM	
2:30-3:00 pm							CAMP CHAVEIRIM	
3:00-3:30 pm	CAMP CHAVEIRIM		Laps					
3:30-4:00 pm	CAMP CHAVEIRIM							
4:00-4:30 pm	open		Laps					
4:30-5:00 pm	open							
5:00-5:30 pm	Lesson		Laps					
5:30-6:00 pm	Lesson							
6:00-6:30 pm	Lesson		Laps					
6:30-7:00 pm	Lesson							
7:00-7:30 pm	Aqua Ex.		Laps					
7:30-8:00 pm	Aqua Ex.							
8:00-8:30 pm	Open Swim		Laps					
8:30-9:00 pm	Open Swim							
9:00-9:30 pm	Open Swim		Adult Lap					
	Open Swim							

  

Lane	1	2	3	4	5	6		
Time	Wednesday							
6:00-6:30 am	Open							
6:30-7:00 am							Adult	
7:00-7:30 am							Open	
7:30-8:00 am							Open	
8:00-8:30 am	Laps							
8:30-9:00 am							Water Pilates	
9:00-9:30 am							Deep Water	
9:30-10:00 am							Deep Water	
10:00-10:30 am	S.A.I.L.							
10:30-11:00 am							S.A.I.L.	
11:00-11:30 am	Lessons		Laps					
11:30-12:00 pm	Lessons							
12:00-12:30 pm	open		Camp Chaveirim					
12:30-1:00 pm	open							
1:00-1:30 pm	CAMP CHAVEIRIM							
1:30-2:00 pm							CAMP CHAVEIRIM	
2:00-2:30 pm							CAMP CHAVEIRIM	
2:30-3:00 pm							CAMP CHAVEIRIM	
3:00-3:30 pm	CAMP CHAVEIRIM		Laps					
3:30-4:00 pm	CAMP CHAVEIRIM							
4:00-4:30 pm	open		Laps					
4:30-5:00 pm	open							
5:00-5:30 pm	Lesson		Laps					
5:30-6:00 pm	Lesson							
6:00-6:30 pm	Lesson		Laps					
6:30-7:00 pm	Lesson							
7:00-7:30 pm	Aqua Ex.		Laps					
7:30-8:00 pm	Aqua Ex.							
8:00-8:30 pm	Open Swim		Adult Lap					
8:30-9:00 pm	Open Swim							
9:00-9:30 pm	Open Swim		Adult Lap					
	Open Swim							

  

Lane	1	2	3	4	5	6		
Time	Thursday							
6:00-6:30 am	Open							
6:30-7:00 am							Adult	
7:00-7:30 am							Open	
7:30-8:00 am							Open	
8:00-8:30 am	Laps							
8:30-9:00 am							Aqua Ex.	
9:00-9:30 am							Aqua Ex.	
9:30-10:00 am							Aqua Ex.	
10:00-10:30 am	AFYAP							
10:30-11:00 am							AFYAP	
11:00-11:30 am	Lessons		Laps					
11:30-12:00 pm	Lessons							
12:00-12:30 pm	Open		Camp Chaveirim					
12:30-1:00 pm	Open							
1:00-1:30 pm	CAMP CHAVEIRIM							
1:30-2:00 pm							CAMP CHAVEIRIM	
2:00-2:30 pm							CAMP CHAVEIRIM	
2:30-3:00 pm							CAMP CHAVEIRIM	
3:00-3:30 pm	CAMP CHAVEIRIM		Laps					
3:30-4:00 pm	CAMP CHAVEIRIM							
4:00-4:30 pm	open		Laps					
4:30-5:00 pm	open							
5:00-5:30 pm	Lesson		Laps					
5:30-6:00 pm	Lesson							
6:00-6:30 pm	Lesson		Laps					
6:30-7:00 pm	Lesson							
7:00-7:30 pm	Aqua Ex.		Laps					
7:30-8:00 pm	Aqua Ex.							
8:00-8:30 pm	Open Swim		LAPS					
8:30-9:00 pm	Open Swim							
9:00-9:30 pm	Open Swim		LAPS					
	Open Swim							

  

Lane	1	2	3	4	5	6		
Time	Friday							
6:00-6:30 am	Open							
6:30-7:00 am							Adult	
7:00-7:30 am							Open	
7:30-8:00 am							Open	
8:00-8:30 am	Laps							
8:30-9:00 am							Water Pilates	
9:00-9:30 am							Deep Water	
9:30-10:00 am							Deep Water	
10:00-10:30 am	S.A.I.L.							
10:30-11:00 am							S.A.I.L.	
11:00-11:30 am	Lessons		Laps					
11:30-12:00 pm	Lessons							
12:00-12:30 pm	Open		Camp Chaveirim					
12:30-1:00 pm	Open							
1:00-1:30 pm	CAMP CHAVEIRIM							
1:30-2:00 pm							CAMP CHAVEIRIM	
2:00-2:30 pm							CAMP CHAVEIRIM	
2:30-3:00 pm							CAMP CHAVEIRIM	
3:00-3:30 pm	CAMP CHAVEIRIM		Laps					
3:30-4:00 pm	CAMP CHAVEIRIM							
4:00-4:30 pm	open		Laps					
4:30-5:00 pm	open							
5:00-5:30 pm	Lesson		Laps					
5:30-6:00 pm	Lesson							
6:00-6:30 pm	Lesson		Laps					
6:30-7:00 pm	Lesson							
7:00-7:30 pm	Aqua Ex.		Laps					
7:30-8:00 pm	Aqua Ex.							
8:00-8:30 pm	Open Swim		Lap Swim					
8:30-9:00 pm	Open Swim							
9:00-9:30 pm	Open Swim		Lap Swim					
	Open Swim							

  

Lane	1	2	3	4	5	6		
Time	Saturday							
6:00-6:30 am	Closed							
6:30-7:00 am							Open at 7:00 A.M.	
7:00-7:30 am							Open at 7:00 A.M.	
7:30-8:00 am							Open at 7:00 A.M.	
8:00-8:30 am	Laps							
8:30-9:00 am							L E S S O N S	
9:00-9:30 am							L E S S O N S	
9:30-10:00 am							L E S S O N S	
10:00-10:30 am	Laps							
10:30-11:00 am							Laps	
11:00-11:30 am	Lessons		Laps					
11:30-12:00 pm	Lessons							
12:00-12:30 pm	open		Camp Chaveirim					
12:30-1:00 pm	open							
1:00-1:30 pm	CAMP CHAVEIRIM							
1:30-2:00 pm							CAMP CHAVEIRIM	
2:00-2:30 pm							CAMP CHAVEIRIM	
2:30-3:00 pm							CAMP CHAVEIRIM	
3:00-3:30 pm	CAMP CHAVEIRIM		Laps					
3:30-4:00 pm	CAMP CHAVEIRIM							
4:00-4:30 pm	open		Laps					
4:30-5:00 pm	open							
5:00-5:30 pm	Lesson		Laps					
5:30-6:00 pm	Lesson							
6:00-6:30 pm	Lesson		Laps					
6:30-7:00 pm	Lesson							
7:00-7:30 pm	Aqua Ex.		Laps					
7:30-8:00 pm	Aqua Ex.							
8:00-8:30 pm	Open Swim		Lap Swim					
8:30-9:00 pm	Open Swim							
9:00-9:30 pm	Open Swim		Lap Swim					
	Open Swim							

  

Lane	1	2	3	4	5	6		
Time	Sunday							
6:00-6:30 am	Closed							
6:30-7:00 am							Open at 7:00 A.M.	
7:00-7:30 am							Open at 7:00 A.M.	
7:30-8:00 am							Open at 7:00 A.M.	
8:00-8:30 am	Laps							
8:30-9:00 am							L E S S O N S	
9:00-9:30 am							L E S S O N S	
9:30-10:00 am							L E S S O N S	
10:00-10:30 am	Laps							
10:30-11:00 am							Laps	
11:00-11:30 am	Lessons		Laps					
11:30-12:00 pm	Lessons							
12:00-12:30 pm	open		Camp Chaveirim					
12:30-1:00 pm	open							
1:00-1:30 pm	CAMP CHAVEIRIM							
1:30-2:00 pm							CAMP CHAVEIRIM	
2:00-2:30 pm							CAMP CHAVEIRIM	
2:30-3:00 pm							CAMP CHAVEIRIM	
3:00-3:30 pm	CAMP CHAVEIRIM		Laps					
3:30-4:00 pm	CAMP CHAVEIRIM							
4:00-4:30 pm	open		Laps					
4:30-5:00 pm	open							
5:00-5:30 pm	Lesson		Laps					
5:30-6:00 pm	Lesson							
6:00-6:30 pm	Lesson		Laps					
6:30-7:00 pm	Lesson							
7:00-7:30 pm	Aqua Ex.		Laps					
7:30-8:00 pm	Aqua Ex.							
8:00-8:30 pm	Open Swim		Lap Swim					
8:30-9:00 pm	Open Swim							
9:00-9:30 pm	Open Swim		Lap Swim					
	Open Swim							

